



# How to take care of your Dialysis Access



It only takes a minute to save your lifeline!



The skin over your access is all one colour and looks like the skin around it



LOOKING good!



There is **redness, swelling or drainage**. There are **skin bulges with shiny, bleeding or peeling skin**



Contact your dialysis care team if you notice any "stop" signs

When you place your access near your ear, you hear a sound. And it sounds the same as the last time you checked it!



SOUNDING good!



You place your access next to your ear and hear **NO SOUND. OR IT SOUNDS DIFFERENT** than it did the last time you checked it



Contact your dialysis care team if you notice any "stop" signs

**Thrill:** a vibration or buzz in the full length of the access  
**Pulse:** slight beating like a heartbeat. Fingers placed lightly on the access should move slightly.

## feel



FEELS good! Good to GO!



**Pulsatile:** The beat is stronger than a normal pulse. Fingers placed lightly on the access will **rise and fall with each beat**



Contact your dialysis care team if you notice any "stop" signs



[www.esrdncc.org](http://www.esrdncc.org)

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