

REQUIREMENTS OF STORAGE OF MEDICATION AT HOME

Medications should be stored in a specific section in the fridge at home. Keep the medication in a clean closed container. Preferably not in the fridge door if it is not in a separate compartment with a compartment door. The container should be clearly marked: dialysis medication.

1

Tips to keep the medication safe:

- The medication should not come into contact with the fridge cooling plate.
- Required fridge temperature should be 2 - 8° C.
- Clean up food spills in the fridge.
- Food should not come into contact with medication.
- With delivery of new stock, check the expiry date and if the boxes of the medication are intact.
- Do not except medication if contaminated or expired.
- Place medication in refrigerator as soon as possible after delivery.
- Rotate old stock to the front to be used first and new stock to the back.
- Ensure the fridge door seals properly.
- Ensure the fridge door is closed properly every time after use.

2

- Avoid sharing the fridge plug with other house hold equipment, if it requires plugging it in and out.
- Ensure the plug is in good working condition.



3

Ensure a clean environment for medication:

- Clean the medication container and the medication compartment in the fridge monthly with dish washing soap and rinse .
- Attempt cleaning it before next delivery.
- It is advisable to clean the whole fridge monthly.
- Keep the kitchen as clean as possible to ensure a clean environment
- When the medication is taken out of the container to be administered, put the container on a clean surface on the counter top.
- When the lid of the container is removed put it upside down on the counter top.

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While cleaning the medication compartment, keep the medication in a cooler box with cold packs to keep the medication cooled.

5



**REMEMBER TO WASH
YOUR HANDS BEFORE YOU
HANDLE YOUR
MEDICATION**

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