

MEDICATION UPDATE



Kidneys and Medication

The kidneys are involved in many different bodily functions e.g. formation of red blood cells controlling blood pressure and to keep the bones healthy and a lot more.

Dialysis cannot replace these functions and can only remove wastes and water from the blood.

Because of kidney failure these functions need to be controlled and managed by medication.

By knowing your medication and the reason why it is prescribed you can help a great deal in managing your own disease.

It is important to note that everybody is on dialysis for a different reason. That is why the treatment will be different between people.

Two people can have diabetes, the one with heart disease and the other newly diagnosed with nerve problems. People are also of different sizes and weight. Their dialysis therapy and the medication will be different, never compare your treatment with someone else's.

Individual treatment is very important.

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CHANGES OF THE SCRIPT

When you have a doctor's appointment and changes are made to your medication or dialysis script it is of great importance to share this information with your dialysis staff. The staff will discuss your blood results or treatment with the doctor. Any changes made to your medication script or dialysis script will be discussed with you.

The staff will discuss your medication with you from time to time. It is important to pay attention to know what the medication is used for and when to drink it.



2

KNOW YOUR MEDICATION

Why, When, Dosage, Frequency
Keep the medication cold if necessary.
Renew your script in time



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All of this will be in vain if you do not achieve good dialysis adequacy i.e. dialyze well. Low urea and creatinine levels can contribute to longevity and reduce complications,

Renal diet, Fluid control, Medication, Adequate dialysis will improve your quality of life.

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